

Sports Cell
ICAR- National Dairy Research institute
Karnal
Circular

Dated: - 12.09.2022

ICAR- Zonal Sports Tournament 2022 (North Zone) is being organized by ICAR- IISWC Dehradun by 30th November 2022. The trials for the selection of different individual events and team games will be conducted from 27th & 28th September 2022 as per the following schedule. Hence all the interested staff members are requested to appear for the trials on the specific dates and time at Kalki Bhawan Indoor Hall and Sports Complex NDRI Karnal. Selection of the players will be subject to meet the minimum ICAR Standards (Copy enclosed).

Note: - Employees unable to attend selection trials on these dates due to some genuine reasons/ pre-scheduled official tour must submit an application to the sports coordinator before 20.09.2022 failing to this such employees will not be allowed to participate in the alternate selection trials scheduled on dated 01.10.2022.

Selection Trials Schedule for ICAR Zonal Staff Sports:-

S.No.	Event	Time	Category	Venue
27.09.2022 (Tuesday)				
1.	Cricket (T-10) Tennis Ball	3:30 PM	Men	Sports Complex NDRI Karnal
2.	Football	3:40 PM	Men	-----do-----
3.	Volley Ball (Shooting)	3:50 PM	Men	-----do-----
4.	Volley Ball (Smashing)	4:00 PM	Men	-----do-----
5.	100mt. 200mt. Long Jump, Shot Put, Discus Throw, 800mt. (Men)	4:30 PM onwards	Men and Women	-----do-----
6.	Chess (Singles Only)	4:00 PM	Men and Women	Kalki Bhawan
7.	Table Tennis	5:00 PM	Men Team and Women (Singles & Doubles)	Kalki Bhawan
28.09.2022 (Wednesday)				
1.	Kabaddi	3:30 PM	Men	Sports Complex NDRI Karnal
2.	Basketball	3:45 PM	Men	-----do-----
3.	High Jump, Javelin Throw 4 X100mt. Relay race,	4:00 PM	Men and Women	-----do-----
4.	400mt. 1500mt. 5000mt. Cycle Race	4:30 PM onwards	Men	-----do-----
5.	Carom (Singles Only)	4:00 PM	Men and Women	Kalki Bhawan
6.	Badminton	5:00 PM	Men team and Women (Singles & Doubles)	Kalki Bhawan

(Dr. PV Behare)
Sports Coordinator

Copy to:

1. PS to Director for kind information to Director.
2. Joint Director (Research)
3. Joint Director (Academics)
4. Joint Director (Admn. & Registrar)
5. ✓ Head All Divisions/Sections with the request to circulate among all staff members
6. Head ERS Kalayani & SRS Bangaluru with the request to circulate among all staff members
7. Head Computer Centre with the request to circulate through website among all NDRI staff members and regional stations.

Academic Officer
CD and Science Officer
12/9/22

सुशील कुमार
18.09.2022

Sports Cell
ICAR-National Dairy Research Institute
Karnal

Minimum Qualifying Standards in Athletics Events for ICAR Staff Sports Tournaments

S.No	Event	Zonal Tournament	Inter-Zonal Tournaments	Remarks
1	100mt	12.60 Sec.	12.40 Sec.	
2	200mt	25.50 Sec.	25.00 Sec.	
3	400mt	59.00 Sec.	58.50 Sec.	
4	800mt	2.20 Min.	2.15 Min.	
5	1500mt	5.10 Min.	4.42 Min.	
6	Relay Race 4X100mt	53.00 Sec.	51.80 Sec.	
7	Cycle Race 5000mt	11.05 Min.	10.35 Min.	
8	Long Jump	5.23 mt.	5.50 mt.	
9	High Jump	1.45 mt.	1.48 mt.	